

# ~ FAMILY FUN AT MEALTIME ~

## SIZE

Engage in math talk with your children at dinner.  
Ask: What is the **smallest** thing you have on your plate?  
What is the **largest** thing on your plate?



## MEASUREMENT

Use spaghetti noodles to **measure** items around the house. Ex: How many noodles long is the table?  
How many noodles long is the rug?  
How many noodles long is the bed?  
How many noodles wide is the front door?  
How many noodles wide is the refrigerator?



## SHAPES

Go on a **shape hunt**. Choose a shape for your child to find around the house (Ex. The window is a square). This teaches children about the attributes of shapes (squares have four equal sides). Encourage children to take pictures of the shapes if they have access to a camera.

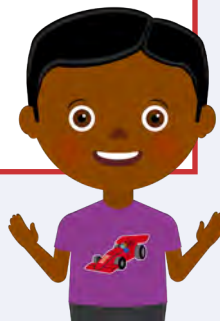
## SORTING

Explore a bag of mixed dry beans and **sort** them in different ways (color, size, shape).



## FANCY WORD

**Equal** – being the same as in number or amount. Ask children if they have an equal number of different foods on their plate – is there anything you can do to make them equal. (Ex. If I eat three more green beans, I will have an equal number of green beans and chicken nuggets.)



## WAYS TO BE HELPFUL

- **Match** socks to help with laundry.
- Empty the silverware from the dishwasher and **sort** them into the drawer.

Can you recognize how many dots are on each die without counting?  
This is called **subitizing**.

