

Nutrition News

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CACFP Updated Meal Patterns Resources

The screenshot shows the Georgia Department of Early Care and Learning website. The header includes the logo for 'BRIGHT for START' and the text 'Georgia Department of Early Care and Learning'. There are social media icons for Facebook, Twitter, YouTube, Instagram, Pinterest, and LinkedIn, along with a search bar for 'search decal.ga.gov'. A navigation menu includes 'Agency', 'Programs', 'Families', 'Teachers', 'Providers', and 'Contact Us'. The main content area is titled 'CACFP UPDATED MEAL PATTERN RESOURCES' and contains a paragraph explaining the 2017 USDA rule updates. Below the text are tabs for 'Forms', 'Policy Memos', 'Menus', 'Training', and 'Resources'. A list of links is provided, including 'At Risk Weekly Menu and Food Service Record-Eff 10/1/2017', 'Child Care Weekly Menu and Food Service Record-Eff 10/1/2017', 'Infant Weekly Menu and Food Service Record-Eff 10/1/2017', 'Adult Weekly Menu and Food Service Record-Eff 10/1/2017', 'DCH Weekly Meal Count Record-Eff 10/1/2017', and 'Milk Calculation Chart - Eff 10/1/2017'. A left sidebar contains a navigation menu with categories like 'About Nutrition Services', 'CACFP Applicant Information', 'CACFP Forms', 'CACFP Participant Information', 'CACFP Updated Meal Patterns Resources', 'Contact Nutrition', 'FAQ', 'Food Allergy Information', 'GA ATLAS', 'USDA Recipe Box', 'Newsletters', 'Nutrition Education Resources', 'Nutrition Program Search', 'SFSP Applicant Information', 'SFSP Forms', 'SFSP Participant Information', 'SFSP Site Supervisor Training', and 'Useful Links'.

There is a new tab on the Nutrition Services page that will link you to a number of resources regarding the CACFP Updated Meal Pattern Requirements. This new page features information including forms, relevant policy and memos, menus, training opportunities, and other resources. We hope you find this page helpful as your institution navigates the updated meal pattern requirements!

You can find this new resource page on DECAL's website [here](#).

You Can Now Find Nutrition Services on Twitter!

Nutrition Services has joined Twitter! You can find us @DECALNutrition. We will provide timely updates, tips, and share information that we think you will find useful. We hope this new channel to engage us will make us even more accessible and provide you another way to receive pertinent information and find relevant content regarding the SFSP.

Follow us [here](#)!





Budget 101 & Procurement 101 Training Available

Nutrition Services will be hosting webinar training sessions for sponsors covering the basics of budgeting and procurement in the SFSP. More information on both sessions is below:

Budget 101 Training

Date: March 6, 2018

Time: 10:00am-12:00pm

Course description: This webinar session on the budget process complements the current web-based session currently available in GA ATLAS. This webinar session is designed to enhance an institution/sponsor's understanding of the purpose of the budget package in the Child and Adult Care Food Program (CACFP) or Summer Food Service Program (SFSP), how to prepare and develop a complete budget package for submission in GA ATLAS, define how an institution/sponsor's income and expenses will be utilized, and understand the purpose of all the line items in the CACFP or SFSP budget.

Procurement 101 Training

Date: February 22, 2018

Time: 10:00am-12:00pm

Course Description: This webinar session complements the Procurement session currently available in GA ATLAS. This webinar session is designed to provide information on procurement regulations, requirements, and processes. Institutions and sponsors will learn how to develop solicitations, and receive guidance on developing a standard procurement policy. A procurement policy template has been developed by DECAL and will be shared during this webinar training session.

Institutions must self-register in [GA ATLAS](#) and on GoToWebinar. For additional information please contact, Leslie Truman, Division Administrative Assistant, at (404) 657-1779.

Budget 101 Training Registration Instructions

1. Log in with your GA ATLAS username and password
2. Select My Account in the blue menu bar
3. Select My Training
4. Select Register for Training
5. In the Program dropdown box, select CACFP
6. Select Search
7. Select the **Budget 101 session**
8. Review the Session Details and select Enroll to enroll in that session
9. After enrolling in the session, please click this GoToWebinar link that will include webinar details you will need to log-in and participate: <https://attendee.gotowebinar.com/register/7121513012617805058>

Procurement 101 Training Registration Instructions

1. Log in with your GA ATLAS username and password
2. Select My Account in the blue menu bar
3. Select My Training
4. Select Register for Training
5. In the Program dropdown box, select CACFP
6. Select Search
7. Select the **Procurement 101 session**
8. Review the Session Details and select Enroll to enroll in that session.
9. Review the Enrollment Successful Page and you will see **Link to access training session**, as this is the **GoToWebinar** link. You must register to receive Webinar information.
10. After registering, you will receive a confirmation email containing information about joining the webinar.



Chart of Accounts Tutorial Available

Program Training/Information

2016 CACFP Training Opportunity

[Basic Accounting Principals-How to Develop a Chart of Accounts \(Web Tutorial\)](#)



[Informational Webinar on Proposed Rule Revisions and the Impact to CACFP Participation PowerPoint Presentation](#)

[FAQs Informational Webinar from Child Care Rule Revision](#)

The link to the online tutorial “Basic Accounting Principals- How to Develop a Chart of Accounts” has been updated and is available for all institutions. To access this training, visit this [link](#) on DECAL’s website and scroll to the bottom of the page. The training is located in the “Program Training/Information” section. For budget related questions, contact Shonda Franklin at Shonda.Franklin@decalf.ga.gov.

New Digital Tools for Child Nutrition

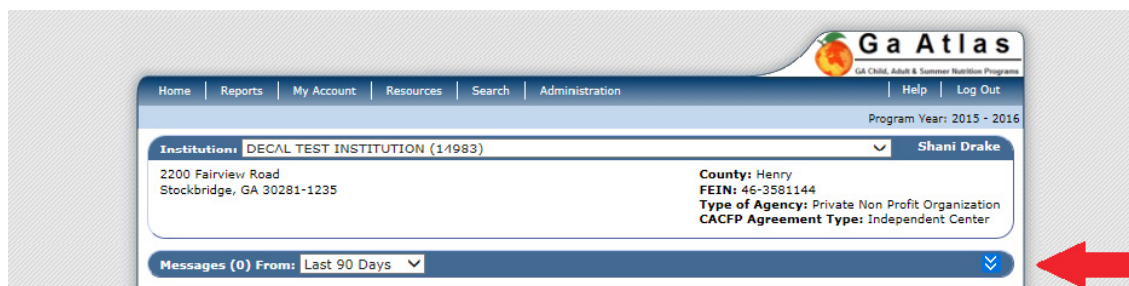


Meal planning just got a lot easier! Set aside your binders and fall in love with the [Food Buying Guide Mobile App!](#)

This popular no-cost resource can now be downloaded to your Apple (iOS) tablet or phone. Use it to find and compare food yields on-the-go or determine the meal contribution of your own recipes.

An interactive, web-based version of the Food Buying Guide is also available at <https://foodbuyingguide.fns.usda.gov>.

Checking Emails in GA ATLAS



Don’t forget you can check the messages you receive from Nutrition Services within GA ATLAS. Navigate to the home page and you will see a section for messages just below your institution information!

A Cold Day Means More Play!



In the last couple of months, Georgia's winter has actually been...a winter! With several snowfall records and temperatures set in the teens, it is possible that children have missed the mark with physical activity.

Winter months can be a challenge for daily physical activity as the need does not disappear just because winter conditions are such that children may not be able to get outside every day. Children are at risk of not reaching physical and/or mental benchmarks without the proper level of physical activity.

To keep children engaged, caregivers can ensure their little ones are moving and developing their muscles by providing large muscle play opportunities. Action rhymes are a great way to get children (and caregivers) moving. Action rhymes are songs and poems set to motion that tell a story and can be a great workout for a toddler body.

When winter weather will permit, walking in the snow is a work out in its self! Let children pretend that their footprints are animal tracks or let children create a snow angel.

Keep children moving because active children tend to have a positive outlook on life, sleep better, and may handle challenges more easily. Let us reverse our thinking and indicate that a cold day means more play!

Click [here](#) to learn more about Action Rhymes!