



August 17, 2022

Registration for FY 2023 CACFP Renewal Training *Opened July 15; Enrollment Opened August 1*

Participating CACFP Sponsors and Institutions are required to meet annual renewal requirements by September 30, 2022. The Nutrition Division opened registration for the required annual training on July 15, 2022, and open enrollment for the application renewal on August 1, 2022.

Step 1: Complete Annual Training Requirements

Registration for the CACFP Annual Training requirements opened on July 15.

These requirements include:

- Reviewing the CACFP 2023 Annual Training presentation in GA ATLAS
- Completing the CACFP 2023 Annual Training Test Assessment in GA ATLAS

Once the annual training assessment has been completed and submitted, you will receive access to the FY 2022-2023 CACFP application.

Step 2: Enroll in FY 2023

Upon completion of the Annual Training and Assessment, the CACFP application for the associated program year will change the institution or sponsor's status to "Not Enrolled" and the "Enroll" button will be available.

- Enroll into FY 2023 now.

Step 3: Submit your FY 2023 Application on or before September 30

- Original or Annual Budgets and Budget Amendments must also be submitted on or before September 30, 2022.

Failure to complete FY 2023 Annual Training, the assessment questions, annual enrollment, certification statements, and submit related application updates by September 30, 2022, will affect your availability to submit FY 2023 claims for reimbursement. If annual renewal is NOT completed, FY 2023 claims cannot be filed.

DATE:	TASK
July 15	Registration Opened for required 2023 CACFP Annual Training.
August 1	Enrollment Opened for FY 2023: Upon completion of Annual Training and Assessment, Sponsors & Institutions may enroll in FY 2023.
September 15	<p>Deadline to submit any additional changes to the FY 2022 Application.</p> <p>Any FY 2022 changes including:</p> <ul style="list-style-type: none"> • updates to the application • management plan and budget • the addition/termination of centers/homes <p>MUST be completed in GA ATLAS by September 15, 2022 to allow time for review and processing.</p>
September 30	<p>Deadline to complete 2023 CACFP Annual Training and Assessment.</p> <p>Deadline to submit 2023 CACFP Application.</p> <p>Deadline to submit original or annual budget and budget amendments.</p>

If you have any questions, please contact your assigned Application Specialist:

Application Specialists	Institution Assignment	Email	Phone Number
Shericka Blount	o (zero)-C	Shericka.Blount@decal.ga.gov	(404) 656-6411
	H-P		
Kenya Taylor	D-G, Q-Z	Kenya.Taylor@decal.ga.gov	(404) 463-4040

Is Your Institution Required To Submit An Annual Budget?

Original or Annual Budgets and Budget Amendments must be submitted on or before September 30, 2022. At a minimum, annual budgets are required when:

- An Independent Center with an approved budget in FY 2022 intends to use FY 2023 reimbursement funds for new operating and/or administrative costs that require prior approval, specific prior written approval, or formal procurement.
- An Independent Center with an approved budget in FY 2022 with approved costs and the same costs in FY 2023, but new supporting documentation must be submitted for review and approval (e.g., lease agreements for center space, equipment rental, etc.).
- All Administrative, Center and DCH sponsoring organizations must submit an annual budget.

Please follow links below for budget related tools and references:

- [Budget Guidance Manual](#)
- [Budget Checklist](#)
- [Budget Allocation Worksheet](#)

For budget questions or concerns, please contact Gwendolyn Howard, Budget Compliance

New and Revised CACFP Policies and Memoranda

DECAL Nutrition Services recently revised important policies and memoranda with respect to the CACFP. As a reminder, institutions are strongly advised to carefully read each policy and memorandum listed below. Further, institutions are strongly encouraged to frequently refer to such guidance as needed. The policies and memoranda listed below can be found on the DECAL website under their applicable subheading.

- **Policy No. CACFP/17-39, *Financial Recordkeeping in the Child and Adult Care Food Program (CACFP) and the Summer Food Service Program (SFSP)*.** This policy was revised to provide information on transfers of CACFP funds and the use of credit cards.
- **Policy Memorandum, *Offer Versus Serve and Family Style Meals in the Child and Adult Care Food Program*.** This guidance was revised to be consistent with DECAL Policy Memorandum, Offer Versus Serve (OVS) Guidance for SFAs Participating in the CACFP and the SFSP, March 28, 2019 (v.3) and USDA Policy Memorandum SFSP 01-2019 and to include that the use of OVS is only an option for adult day care centers and SFAs participating in the CACFP At-Risk Program.
- **NEW! Policy Memorandum, *The Use of Vending Machines in School Food Authority CACFP At-Risk Afterschool Meal Programs*.** This guidance was developed to provide information on the use of vending machines in at-risk afterschool meals programs operated by school food authorities.

The following policy memoranda were revised to include policy changes since the publication of the Question and Answer Guidance on the Final Rule Child Nutrition Programs: Transitional Standards for Milk, Whole Grains, and Sodium Effective July 1, 2022 which would allow the serving of flavored low-fat (1%) milk to children ages six and older and adults.

- ***Nutrition Requirements for Fluid Milk and Fluid Milk Substitutions in the Child and Adult Care Food Program, Questions and Answers.***
- ***Optional Best Practices to Further Improve Nutrition in the Child and Adult Care Food Program Meal Pattern.***
- ***Policy and Procedure for Reclaiming Meals due to a Milk Shortage***

CACFP Reimbursement Rates Announced for FY23 *Effective July 1*

This notice announces the annual adjustments to the national average payment rates for meals and snacks served in child care centers, outside-school-hours care centers, at-risk afterschool care centers, and adult day care centers; the food service payment rates for meals and snacks served in day care homes; and the administrative reimbursement rates for sponsoring organizations of day care homes, to reflect changes in the Consumer Price Index.

Child and Adult Care Food Program (CACFP) Reimbursement Rates

Effective July 1, 2022 – June 30, 2023

Temporary Additional Reimbursement included from the Keep Kids Fed Act 2022

Type of Meal Served	Child and Adult Care Centers			Day Care Homes	
	Free	Reduced Price	Paid	Tier I & Tier II Higher	Tier II (Tier II Lower)
Breakfast	2.21	1.91	.45	1.66	1.66
Lunch or Supper	4.33	3.93	.77	3.04	3.04
Snacks	1.18	.64	.19	.97	.97

Cash-in-Lieu value of 30.00 (.3000) cents is already added to lunch/supper rates for centers as shown above. The Keep Kids Fed Act of 2022 (P.L. 117-158) provides an additional 10 cents for each meal and supplement served and allows tier II day care homes to be reimbursed at the tier I rate for the time period starting July 1, 2022 ending on June 30, 2023.

Administrative Payments for Day Care Home Sponsors Per Home/Per Month Rate in Whole U.S. Dollars	
Number of Homes	Rate
Initial 50 (homes 1 - 50)	\$ 137.00
Next 150 (homes 51 - 200)	\$104.00
Next 800 (homes 201 - 1000)	\$ 81.00
All Additional (homes 1001 and over)	\$ 72.00

Temporary Adjustments Authorized Under the Keep Kids Fed Act of 2022

To help alleviate some of those challenges, Section 3 of the Keep Kids Fed Act of 2022 (P.L. 117-158) provides temporary additional funding for each meal and supplement served.

This additional reimbursement amount will be available beginning July 1, 2022 and ending on June 30, 2023. The law temporarily provides an additional reimbursement in the amount of 10 cents for each meal and supplement served under the program authorized by section 17 of the Richard B. Russell National School Act (42 U.S. C. 1766).

Additionally, the Keep Kids Fed Act of 2022 (P.L. 117-158) authorized a tier II family or group day care home described in subsection (f)(3)(A)(iii) of section 17 of the Richard B. Russell National School Lunch Act (42 U.S.C. 1766) to be considered a tier I family or group day care home for purposes of the program authorized under that section for the same period.

This temporary measure will provide tier II homes with tier I reimbursement rates only for the time period beginning July 1, 2022 and ending on June 30, 2023.

Estimating Food Costs for FY23

As we approach a new CACFP program year, now is the time to assess your budget to determine your estimated FY23 food costs before the year begins. As a reminder, if food costs will exceed \$250,000 sponsors and institutions will need to proceed with formal procurement procedures.

Please visit the [procurement](#) section of the DECAL web site to download all updated procurement documents for both formal and informal procedures. Also, use this as an

opportunity to view the [Procurement Master Classes](#) and [other procurement-related training webinars](#) to refresh your knowledge and understanding of procurement requirements for the CACFP.

Procurement Documents Now Include Updated Non-discrimination Statement

Please note the procurement manual as well as all vendor/FSMC contract and agreement templates have been updated with the new non-discrimination statement (NDS). Please ensure the updated forms are used moving forward for any new bid contracts or agreements.

As a reminder, you can find the updated NDS here in [English](#) and [Spanish](#) languages.

Reminder - PolicyStat available on Nutrition Services' Webpage

PolicyStat is an *online policy management system* that allows CACFP and Happy Helpings, Georgia's Summer Food Service Program, organizations and DECAL staff to navigate, locate, and access policy documents more quickly. The links for PolicyStat can be accessed at the following two links:

- For CACFP, [click here](#)
- For Happy Helpings, [click here](#)

CACFP and Happy Helpings organizations are encouraged to take a moment to become familiar with the system. **Please Note:** As Nutrition Services works to perfect PolicyStat, please continue to use the current **Policy** and **Memos** links on the DECAL website as your main resource for all CACFP and Happy Helpings related policies and memoranda. For questions, please feel free to contact Robyn Parham at Robyn.Parham@decalfga.gov or Sonja Adams at Sonja.Adams@decalfga.gov.

Available CACFP Statewide Waivers

The emergency authority that allowed USDA to offer nationwide waivers in response to COVID-19 expired on June 30, 2022. Congress did not extend USDA's nationwide waiver authority. This means USDA can no longer offer the full range of nationwide waivers that have been available. However, USDA can provide limited operational and administrative flexibility through statewide waivers.

DECAL applied and was approved to use certain waiver flexibilities. Below you will find information regarding available CACFP waivers authorized by USDA, in addition to information on waivers that have expired or will be expiring very soon. A copy of the waiver approval can be found [here](#):

A presentation summarizing the waivers and requirements update was created by the Nutrition team. If you would like to review the slides, you can access the deck [here](#). The recorded version of the presentation can be found on DECAL's website under Training and Technical Assistance - Recorded Training Webinars/Videos located [here](#).

CACFP Statewide Waivers Available for Request effective July 1, 2022

Waiver	Effective Dates	Request Usage via
Non-Congregate Meal Services	July 1, 2022 - June 30, 2023	USDA Waiver Module
Parent/Guardian Meal Pickup	July 1, 2022 - June 30, 2023	USDA Waiver Module
Meal Service Times	July 1, 2022 - June 30, 2023	USDA Waiver Module

Non-Congregate Meal Service, Parent/Guardian Meal Pickup, and Meal Service Times Waiver Requirements

The Non-Congregate Meal Service, Parent/Guardian Meal Pickup, and Meal Service Times waivers may only be implemented when CACFP meal services are limited by the COVID-19 pandemic. Therefore, the following criteria is required for these three waivers to be approved and used by CACFP institutions and sponsors. Waiver requests must be based on at least 1 of the following criteria:

Criteria 1:

The center/facility must be located in a county that is designated as High, Substantial, or Moderate regarding COVID-19 community transmissions as determined by the Center for Disease Control (CDC) and/or Georgia Department of Public Health (DPH) websites:

- CDC, https://covid.cdc.gov/covid-data-tracker/#county-view?list_select_state=Georgia&data-type=CommunityLevels&null=Risk - Under the "Data Type" pull down menu (located mid-page), the user would select "Community Transmission" to access a county's designation; and/or
- DPH, <https://dph.georgia.gov/county-indicator-reports> - The user would select the most recent County Indicator Report and click "Community Transmission" in the top right corner of the page to access a county's designation.

Criteria 2:

Institutions and sponsors can provide official documentation affirming a meal service has been impacted as a result of COVID-19 transmission. The documentation must be issued by (1) a public state, local, or county official; (2) a school superintendent or principal; or (3) a Center Director reporting a documented case of COVID-19 within the child and/or adult care facility. Documentation to support the documented case of COVID-19 could be a letter or email that was sent to parents or staff advising of the documented case.

The Non-Congregate Meal Service, Parent/Guardian Meal Pickup, and Meal Service Times waivers will be effective for **30 days** upon approval, with the option to re-apply for an additional 30 days, if the criteria are met using the most current data from the CDC, GA DPH, or with new documentation affirming that meal services have been impacted.

*Documentation to support the criteria chosen must be uploaded with the waiver request in GA Atlas. Additionally, waiver requests will be reviewed/approved only once a center/facility has been approved to operate the CACFP.

Requesting a Waiver via the USDA Waiver Module

The Non-Congregate Meal Service, Parent/Guardian Meal Pickup, and Meal Service Times waivers must be requested through the USDA Waiver Module. For information on requesting a waiver, please access the following resources:

- [USDA Waiver User Guide](#) – Provides step by step instructions on how to submit a waiver request in GA Atlas (applies to both CACFP and SFSP).
- [Important Reminders when using USDA Approved Waivers](#) - Discusses key recordkeeping requirements.
- [USDA Waiver Addendum](#) – Required when using the Parent Pick-up waiver or when home delivery under the Non-Congregate waiver.

USDA Nationwide Expired CACFP Waivers and Waivers Expiring Soon

Last year's USDA Nationwide Waivers for CACFP have expired or will soon expire and are as follows:

Waiver	Expires
Area Eligibility in the Afterschool Programs & for Family Day Care Home Providers in School Year 2021-2022	EXPIRED on June 30, 2022
Parent/Guardian Pick-up	EXPIRED on June 30, 2022
Specific Meal Pattern Flexibility	EXPIRED on June 30, 2022
Meal Times Waiver	EXPIRED on June 30, 2022
Non-Congregate Feeding	EXPIRED on June 30, 2022
Onsite Monitoring Requirements	October 13, 2022
Reimbursement for Meals & Snacks served to Young Adults in the CACFP	October 13, 2022

Note: The Parent/Guardian Pick-Up, Meal Times, and Non-Congregate Nationwide waivers listed above that expired on June 30, 2022 did not require that the congregate meal service be limited by COVID-19 in order for the waivers to be utilized. However, as of **July 1, 2022**, in order for CACFP institutions or sponsors to utilize these three waivers, the congregate meal services must be limited by COVID-19; and one of the two criteria described in the section above, *CACFP Statewide Waivers Available for Request effective July 1, 2022*, must be met.

It should also be noted that CACFP institutions and sponsors that were originally approved for these three Nationwide Waivers, upon the waiver expirations, would need to separately apply for the Statewide waivers (Non-Congregate, Parent/Guardian Pickup, and Meal Service Times) and will only be approved if the facility/center meet the criteria mentioned earlier.

Area Eligibility – Update

On May 13, 2022, USDA issued the memorandum *Area Eligibility for Summer 2022 and School Year 2022-2023*. This memorandum provided guidance on the transition from COVID-19 Nationwide waivers related to the establishment of area eligibility in Child Nutrition Programs for summer 2022 and SY 2022-2023.

In SY 2021-2022 many schools participated in the Nationwide waiver to operate the Seamless Summer Option (SSO) during SY 2021-2022 and did not have to complete free and reduced eligibility information. This has resulted in an absence of complete SY 2021-2022 free and reduced-price school data. As school data and census data are the primary sources used to determine area eligibility in both CACFP and Happy Helpings, the USDA has advised that Program operators may use one of the following two options with regards to school data:

- Use school data from SY 2019-2020 to determine area eligibility. SY 2019-2020 school data is now available on Nutrition Services' website ([Happy Helpings, CACFP](#)).
- SFAs may use Community Eligibility Provision Data (CEP). Once area eligibility data is established, all NSLP afterschool snack programs, SSO, CACFP at-risk afterschool and family day care homes, and SFSP operators may establish sites based on the determination.

Note: These options are not available for sites located in the attendance area of schools that operated NSLP in SY 2021-2022.

"On-site Monitoring" and "Reimbursement for Meals & Snacks served to Young Adults" waivers - Update

Please be advised, the Public Health Emergency was recently extended through October 13, 2022. Therefore, the "On-site Monitoring Requirements" and the "Reimbursement for Meals & Snacks served to Young Adults" waivers will remain in effect until 30 days after the Public Health Emergency expires. The deadlines have been updated in the above chart to reflect the

extensions.

For general questions on requesting a USDA approved waiver, please contact Tammie.Baldwin@dec.al.ga.gov.

For specific policy questions pertaining to waivers, please contact Robyn.Parham@dec.al.ga.gov.

Unique Entity Identifier Field Added to ATLAS

On April 4, 2022, the unique entity identifier used across the federal government changed from the DUNS Number to the Unique Entity ID (generated by SAM.gov).

- The Unique Entity ID is a 12-character alphanumeric ID assigned to an entity by SAM.gov.
- As part of this transition, the DUNS Number has been removed from SAM.gov.
- Entity registration, searching, and data entry in SAM.gov now require use of the new Unique Entity ID.
- Existing registered entities can find their Unique Entity ID by following the steps [here](#).
- New entities can get their Unique Entity ID at SAM.gov and, if required, complete an entity registration.

Effective **August 1, 2022**, the DUNS Number field will be removed from GA ATLAS and the UEI field will be added. All institutions/sponsors will be required to enter their UEI in GA ATLAS. Failure to complete this requirement will impact continued participation in the CACFP, which includes submission of monthly claims for reimbursement.

Step Up for Breastfeeding

August is World Breastfeeding Month

Each year in August, National WIC Breastfeeding Week is celebrated in conjunction with World Breastfeeding Week to promote and support breastfeeding as the best source of nutrition for a baby's first year of life. This year's World Breastfeeding Week theme, **Step up for Breastfeeding**, focuses on strengthening the capacity for individuals and organizations to protect, promote, and support breastfeeding.

In addition to [downloadable resources and materials](#), [videos](#), and the [WIC Breastfeeding Check-In Tool](#) on the [WIC Breastfeeding Support](#) site (not to mention articles to share with participants), there are a number of resources to help WIC staff promote and celebrate breastfeeding this August, and year-round to help meet the [Healthy People 2030 Breastfeeding Objectives](#), which includes increasing the proportion of infants:

- Exclusively breastfed through six months of age and
- Breastfed at one year

Breastfeeding Tip:

Centers and day care homes are strongly encouraged, but not required, to offer a quiet, private area that is comfortable and sanitary for mothers who come to the center or day care home to breastfeed.

However, if a mother chooses to breastfeed her infant in her car, on the grounds of the center or home, the meal could still be claimed for reimbursement. If the mother chooses to leave the premises to breastfeed her infant, the meal would not be reimbursable.

Training Dates

Upcoming Training and Technical Assistance

September 21, 2022 – *Procurement Readiness Training*

Are you practicing proper procurement requirements in your program? Join this webinar to learn:

- relevant procurement practices when procuring food & non-food items,
- how to develop formal solicitations, and
- how to incorporate local sourcing practices into meal service.

Farmer's Market Field Trip

The **National CACFP Sponsors Association** is offering a webinar to discuss how to identify, purchase, and serve farmers' market finds so that the children and adults served can enjoy fresh flavors of the season. Program providers may earn .5 CEU for attending this Zoom webinar.

- Thursday, August 18 at 2:00pm
- [[Register Now](#)]

Training Resources

In Case You Missed It: Webinar Recordings Now Available!

If you missed a webinar, please visit the **Training and Technical Assistance** webpage for previously recorded webinars. This month's training highlight is the **CACFP Budget Readiness** webinar. It discussed common questions when developing a budget, addressed challenges, and provided guidance on budget regulations, requirements, and processes. Also highlighted this month is the **Procurement Readiness (FY 2022)** webinar, which provided information on procurement regulations, requirements, and standard processes.

USDA Webinar on Keep Kids Fed Act *Now On-Demand!*

The **National CACFP Sponsor Association** is offering a webinar recording on the overview of the recently enacted Keep Kids Fed Act. The recording discusses the additional resources and flexibilities that will be available for summer, school, and child care program operations during summer 2022 and School Year (SY) 2022-2023. You may also download the **presentation slides**. The webinar focused on five [5] key topics.

1. Legislative Roadmap
 2. Keep Kids Fed Act Overview
 3. Summer 2022 Updates
 4. School Meal and CACFP Flexibilities
 5. Additional Supply Chain Assistance Funds
- [[Download Slides](#)]
 - [[Watch On-Demand](#)]

Healthy Kids, Healthy Future Quiz

Nemours Children's Health is committed to continuing the work by *Let's Move! Child Care*, which was part of **Let's Move!** — Former First Lady Michelle Obama's national effort to prevent childhood obesity. The organization has developed an online quiz for (ECE) providers (child care, Head Start, Early Head Start, pre-kindergarten) to help providers assess progress on meeting the five [5] healthy goals.

1. Serving healthy food
 2. Serving healthy beverages
 3. Encouraging more physical activity
 4. Limiting screen time
 5. Supporting breastfeeding
- [[Take the Quiz in English](#)]
 - [[Take the Quiz in Spanish](#)]

The Food Buying Guide (FBG) for Child Nutrition Programs Brochure *Updated!*

Team Nutrition has updated this brochure and it is now available online. The brochure describes the purpose of the FBG and the various features, such as the Recipe Analysis Workbook, Exhibit A Grains Tools, and FBG Calculator, included in the Web-based Tool and Mobile App. The FBG is the go-to source of food yield information for all Child Nutrition Programs and is used by Program operators as well as the food industry. The brochure also provides links to FBG training resources such as recorded webinars, training videos, and the Institute of Child Nutrition (ICN) training modules.

- [[Download Brochure](#)]

Food Buying Guide (FBG) for Child Nutrition Programs Interactive Web-based Tool *New Yields!*

New yield data for whole sorghum, pearly sorghum, and sorghum flour have been added to the FBG. This is the first set of new data from phase two of the FBG Yield Study.

- [[Check out the FBG](#)]

Planning with a Purpose - A Diversity, Equity & Inclusion Checklist

No Kid Hungry has created a checklist to help ECE providers prioritize and embrace diversity, equity, and inclusion (DEI) within your organization's event planning process. The resource covers actionable steps that may be implemented to plan high-quality events that meet the needs of all.

- [[Check out the Checklist](#)]

CACFP Cooking Videos

The **USDA** has developed several cooking videos to demonstrate the quick-and-easy preparation of USDA standardized recipes for children 3 through 5 and 6 through 18 years of age. The videos will assist program operators in planning and preparing high-quality meals for children in your care. The recipes are available in the **Child Nutrition Recipe Box**.

- [[View Videos](#)]

Snack Attack *New Recipes!*

The **National CACFP Sponsor Association** has shared some snack options for program operators that are #CACFPcreditable.

- Cheddar cheese scone and milk
- Roasted sweet potato with yogurt dip
- Oatmeal with coconut
- Bread sticks and tomato juice
- Whole wheat English muffin and blueberries

Fueling My Healthy Life

USDA's **Team Nutrition** is excited to announce the release of new *Fueling My Healthy Life* nutrition education for 6th, 7th, and 8th grade students. This standards-aligned and inquiry-based collection of educational resources is designed to engage middle school students using a variety of learning styles. Educators can pick and choose from a variety of learning activities to create a fun lesson with easy to access digital materials including informational text articles, student assessments, digital interactives (i.e., games), and videos. All materials for each grade are available on the Team Nutrition website.

- **6th Grade: Start Right With Breakfast**

Students explore why eating breakfast matters, what constitutes a balanced breakfast, and how *MyPlate* can help them make healthy eating choices.

- **7th Grade: What's Your Healthy Eating Style**

Students explore their eating patterns and ways to choose nutritious foods and drinks that are low in added sugars, saturated fats, and sodium.

- **8th Grade: The Truth About Snacking and Sodium**

Students explore how sodium affects the human body, how to track nutrients in the foods they eat, and how to make healthy snack and meal choices.

CACFP Trainer's Tool: Milk Aide

Team Nutrition has developed this tool as a quick visual reminder of the different milk requirements under the meal patterns in the CACFP. This graphic can be used on websites, in

presentations, or as part of other training resources.

- [[Download in English](#)]
- [[Download in Spanish](#)]

Team Nutrition CACFP Organizations will be able to order this resource as a magnet at a later date. Sponsoring organizations and independent child care sites that participate in the CACFP are invited to become Team Nutrition CACFP Organizations.

- [[Join Now](#)]

Existing Team Nutrition CACFP Organizations can update their information by clicking below.

- [[Update Now](#)]

Team Nutrition Web Quizzes *New Quiz Added!*

USDA's **Team Nutrition** has developed interactive ten-question web quizzes as a fun way to introduce a variety of nutrition topics. The quizzes can be used during staff training and other nutrition events. Upon completion of each quiz, quiz takers receive a score along with a link to resources that can help expand their knowledge on the topic and build their nutrition skills. Quiz takers can also view a printable version of the questions and answers upon quiz completion. These web quizzes are also available as a widget. Please see a list of available quizzes below.

- [Infant Nutrition Quiz \[Spanish\]](#)
- [Toddler Nutrition Quiz \[Spanish\]](#)
- [Meal Components Quiz](#)
- [Older Adult Nutrition Quiz](#)
- [School Gardening Quiz](#)
- [Milk in the CACFP Quiz \[Spanish\] *New Spanish Version!*](#)

CACFP Meal Pattern Training Worksheets *New!*

Team Nutrition has released new training worksheets for CACFP operators. All worksheets are available in English and Spanish. To see Team Nutrition's collection of CACFP training tools, visit the [CACFP Training Tools](#) page.

- Calculating Ounce Equivalents of Grains in the CACFP
- Cómo calcular las onzas equivalentes de granos en el CACFP
- Offering Water in the USDA CACFP
- Ofrecimiento del agua en el Programa de Alimentos para el CACFP del USDA
- Serving Adults Participants in the USDA CACFP
- Sirviendo a los participantes adultos en el CACFP del USDA
- Serving Meat and Meat Alternates at Lunch and Supper in the USDA CACFP
- Sirviendo carnes y sustitutos de carne en el almuerzo y la cena en el CACFP del USDA
- Identifying Whole Grain-Rich Foods for the CACFP Using the Ingredient List
- Use la lista de ingredientes para identificar alimentos ricos en grano integral en el CACFP

To order, please visit Team Nutrition's CACFP Meal Pattern Training worksheets webpage in [English](#) or [Spanish](#), click on the name of the worksheet, and click on the link under "ordering" on the webpage.

Team Nutrition Photo Collection

Team Nutrition's photo collection now includes 350 original photographs that can be used in nutrition education and training materials for CACFP operators. Photo albums that might be especially useful for the CACFP include Food Portions, Child Care Recipes, Handwashing, Infant Nutrition, and Nutrition Education.

- [[View Photos](#)]

Healthy Ways to Reward Kids

The **Alliance for a Healthier Generation** has shared a resource with tips on how to reward children in healthy ways besides using food.

- [[Read the Resource](#)]

Watermelon Fact Sheet

USDA **MyPlate** has shared fun facts focusing on whole fruit, such as watermelon.

Watermelon is one of the most affordable fruits available and is a simple, sweet way to add

fruit to your plate.

- [[View the Fact Sheet](#)]

Summer Colors

The [National CACFP Sponsors Association Learning Center](#) has developed this free activity on summer fruits.

- [[Free Download](#)]

Training and Technical Assistance

The goal of the Training and Technical Assistance (TTA) Unit is to improve performance and better equip new and participating institutions and sponsors by providing practical, user-friendly resources and guidance materials that strengthen internal controls and result in successful, sustainable program administration and operation. We want to ensure we continue to meet this goal during any transitions and/or position changes.



Therefore, institutions that reside in **region 2** and **region 3** areas listed, please contact our Nutrition TA mailbox at NutritionTA@dec.al.gov with any needed technical assistance.

You may also visit our [Training and Technical Assistance](#) webpage for program resources and recorded webinars.

Virtual Instructor-Led Trainings Available

2022 Fall & Winter Sessions

The Institute of Child Nutrition (ICN) is offering virtual training sessions during the **fall/winter of 2022**. There are topics available for school nutrition professionals and Child and Adult Food Care Program (CACFP) operators.

Many topics are scheduled for new child nutrition directors, and the list also includes lessons from Introduction to School Nutrition Leadership (ISNL).

Click [here](#) to register.



TheICN.org/VILT

Session Topics

- Basic Culinary Math
- Buy American: US Agriculture Supporting Healthy School Meals
- Customer Experience, Merchandising, & Food Presentation (ISNL)
- Emergency Preparedness & Workplace Safety (ISNL)
- Financial Management for Managers
- Focus on the Customer for Managers and Directors
- Food Allergies for School Nutrition Managers and Staff
- Food Production & Operations Management (ISNL)
- Food Safety Basics
- Food Safety in Child Care
- Food Safety in Schools
- Forecasting the Procurement of Foods
- Foundations for Training Excellence: Basics
- Intro to Happy Mealtimes in Child Care Settings
- Human Resources (ISNL)
- Key Performance Indicators (ISNL)
- Norovirus in Child Care
- Norovirus in Schools
- Nutrition 101
- Procurement and Inventory Management (ISNL)
- Reimbursable School Meals (ISNL)
- Special Dietary Needs - Meal Accommodations (ISNL)
- Training Culturally Diverse Groups
- Utilizing the Cafeteria as a Classroom

TheICN.org/vilt

These sessions will fill quickly, so don't wait!

National CACFP Sponsors Association Offers Virtual Trainings

Special Diets Bootcamp - August 30-31 (\$99 due by Aug 22)

- Accommodating Participants with Disabilities in Community Meals
- Intro to Meal Modifications & Special Diets
- Common Allergens & Reading the Food Label
- Wheat & Gluten-Free Meal Modifications
- Dairy Meal Modifications
- Beginners' Guide to Serving Foods to Participants with Swallowing Difficulties
- Vegetarian Meals
- Meal Modification Cooking Demonstration
- FAQ: Reinforcing Training & Managing Situations
 - [Learn More About Special Diets Bootcamp](#)

CACFP Virtual Summit - September 12-15 (\$99 due by Sep 7)

- USDA Updates: Policy, Team Nutrition, Monitoring
- Impacts of Sodium: Shaping Healthy Food Preferences
- Culturally Receptive Meals
- Coffee & Conversation: Head Start CACFP
- Advancing Health Equity for Child Nutrition
- Cooking with Flavor: Spice Up Your CACFP Recipes
- Coffee & Conversation: Afterschool Meals
- Harvest Celebration: Menu Planning with Cycle Menus
- Civil Rights 101: Compliance with Civil Rights Regulations
- Creditable or Not?
- Child Nutrition Reauthorization
- Keys to Corrective Action Plans
- Managing Stress in the Workplace
 - [Learn More About CACFP Virtual Summit](#)

Saturday Summit - October 15 (\$49 due by Oct 7)

- Meal Service Made Fun
- Connecting Nutrition with Family Engagement
- Straw Bales: A New Way to Garden
- Quick, Easy, Low Prep Snacks

- Giving Thanks: Turkey Talk and More!
- Holiday Menu Planning
- Brunch for Lunch
 - [Learn More about Saturday Summit](#)

Want to use your funds to enroll a group? Email us at nca@cacfp.org and we'll help you register a group of state agency staff or CACFP operators.



Nutrition Ed Nook

Watermelon: A Classic Summer Treat!

The August Harvest of the Month ([English](#) and [Spanish](#)) item is watermelon! Watermelons are low in calories and very nutritious.

They are high in lycopene, which gives it its red color and is a powerful antioxidant that helps

keep you healthy. They are also high in vitamin C, vitamin A, and potassium. Watermelons are available seeded and seedless. Watch for locally grown watermelon from July to September. Seasonal produce are more cost effective, taste better and last longer.

Although red watermelons are the most common, they come in other colors like orange, yellow, and white. Watermelon is an excellent and delicious way to help hydrate in the heat because it contains 92% water.

Fun Fact: July is National Watermelon Month and August 3 is National Watermelon Day.

Integration:

- [Watermelon and Fruit Salad](#)
- [Watermelon Cooler](#)
- [Watermelon Breakfast Parfait A Go Go](#)
- [Watermelon Kiwi Smoothie](#)
- [Watermelon Slushy](#)
- [Watermelon Kebabs](#)

Education:

- **Five Senses Fun!** Use your five senses to describe how watermelon looks, feels, tastes, sounds, and smells.
- **Watch a Video** Find and watch a video online that shows how watermelon are grown, harvested, and distributed in the United States.
- **Talk** with families about how children can help with meal preparation including spooning watermelon in a bowl to be served with a meal. **Bonus:** Send recipes that incorporate watermelon home for families to try together!

Conversation:

- Have the children you serve eaten watermelon before?
- What is their favorite way to eat watermelon?
- What other melons do the children you serve like to eat?

Share your Harvest of the Month stories and menu integration of watermelon with Nutrition & Physical Activity Supervisor, Diana Myers, MS, RD, LD at diana.myers@dec.al.gov.

Are you “Spinach to Win It” with us?

Sign up for October’s Farm to School Month Campaign Toolkit



Registration for this year's October Farm to School Month campaign is now open! Receive access to an online toolkit filled with spinach-themed activities, standards-based lessons, recipes, and more when you sign up today.

The first 300 individuals to sign up can choose to be mailed seeds, washable tattoos, and a school garden planting & harvest calendar. To find out more, click [here](#).

#spinachtowinit #farmtoschool @GeorgiaOrganics



DECAL's Nutrition Spotlight: *Diana Myers, Nutrition and Physical Activity Supervisor*

Diana Myers serves as the Nutrition & Physical Activity Supervisor for DECAL's Nutrition Division, overseeing a newly formed team to include a Nutrition Education Specialist and a Physical Activity Specialist. Her recent promotion as a supervisor comes as the Nutrition Division has expanded their work to integrate a formal physical activity program through trainings, partnerships, and integration into the early care environment and summer meal sites.

Diana has an immense love for children and is motivated to leave the world better than she found it. “I believe to make this happen, we must collaborate, connect, and converse,” said Diana. “This begins with the program operators for the Child and Adult Care Food Program (CACFP) and Happy Helpings, Georgia’s Summer Food Service Program.”

Diana strives to learn about the challenges being faced, strategize ways to support through those challenges, and hear success stories surrounding Nutrition Education, Physical Activity, and Farm to Early Care & Education. Since the pandemic hit in March 2020, Diana saw an even greater importance of the work being done through both the CACFP and Happy Helpings.

As Fred Rogers said, “When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are helping.'” This quote resonated so deeply as Diana saw the CACFP and Happy Helpings helpers. She continues to see people connecting as access points to serve Georgia’s children and older adults’ nutritious meals. “From our Sponsors to our sites, from our directors to our providers, it takes a village to make this happen,” said Diana.

During the pandemic, Diana’s training sessions shifted to virtual. Recently, she had several in person training sessions and has loved connecting with all our operators. She sees the benefit of having both virtual and in-person options to serve the needs of our CACFP and Happy Helpings operators. She had the opportunity to Co-Lead two Cooking Matters for Childcare Professionals Trainings alongside Quality Care for Children. In both Atlanta and Albany, the training participants included CACFP cooks, menu planners, and food purchasers. Diana says, “Seeing the lightbulb moments on their faces during training and watching them connect while practicing knife skills and family style dining was fuel in the work.”

Nutrition Education and Physical Activity support is more important now more than ever before. As 1 in 6 children experience food insecurity and 3 in 4 children do not meet daily physical activity recommendations, our CACFP and Happy Helpings programs have the optimal opportunity to provide these educational experiences at their sites through hands-on play and an integrated approach.

Diana's work helps to fill that gap through training, collaboration, resource development, technical assistance, campaign creation, and in-person events. She also has the pleasure of serving as one of the Co-Chairs of the Farm to Early Care & Education Coalition alongside a team of dedicated and active individuals looking to move the bar forward in Georgia's early care programs.

Diana and her husband have two children, a 14-month-old daughter and a 13-year-old son. Diana's hobbies include spending time with her family while gardening, snowboarding, climbing, hiking, backpacking, adventuring, and exploring nature. Anything in the outdoors is a love for her. "My professional and personal life are very connected. I enjoy watching things grow and flourish, whether that be my husband, children, nature, or Georgia's children and their families."

CACFP Resources:

The following documents were covered in previous newsletters:

Infant Formula Shortage

Racial and Ethnic Data Collection

Further DECAL Procurement Guidance

Administrative Cost Reminders for Sponsors

Did you know Health Inspections are an allowable cost under CACFP?

Reminder: Check your Email Messages in GA ATLAS

Managing Virtual Monitoring and Supply Chain Disruptions Fact Sheet

Flexibilities During COVID-19 Supply Chain Disruptions

Non-profit Food Service and Procurement Procedures Monitoring

New Mailbox for Budget Department

Nutrition Services Resumes Pre-COVID Business Operations

Updating your Banking Information

Stay Informed: CACFP Policy Updates

Claim Deadlines FY22

Healthy Cooking in CACFP with Chef Asata Reid: 5 Part Video Series

Annual Renewal Requirements must be completed to participate in CACFP

How to Handle FDCH Carry Over

CACFP Meals for Young People Experiencing Homelessness

Happy Helpings Announced

Procurement Tips for CACFP

CACFP Budget Submission Required for FY2022

USDA Webinar: Meal Service Flexibilities for the FY 2021-2022 School Year

Guidance for Serving School-Age Children in the CACFP during COVID-19

Oct 1: Deadline to Implement Grain Ounce Equivalents in Menu Planning

Expiring Soon: Updated CACFP Meal Pattern Flexibilities

Reminder: Review Your Online CACFP Applications for Accuracy

Celebrating Breastfeeding as the Best Source of Nutrition

CACFP Reimbursement Rates: July 1, 2021-June 30, 2022

You can find archived CACFP Newsletters [here](#).

Dates to Remember

DATE:	2022 Events
August 1	<ul style="list-style-type: none"> • Unique Entity Identifier Field Added to ATLAS • Enrollment Opened for FY23
August 18	<ul style="list-style-type: none"> • Farmer's Market Field Trip Webinar
August 30-31	<ul style="list-style-type: none"> • Virtual Training: Special Diets Bootcamp
September 12-15	<ul style="list-style-type: none"> • Virtual Training: CACFP Virtual Summit
September 15	<ul style="list-style-type: none"> • Deadline to Submit any Additional Changes to the FY22 Application
September 21	<ul style="list-style-type: none"> • Procurement Readiness Training
September 30	<ul style="list-style-type: none"> • Deadline to Submit 2023 CACFP Application • Deadline to Complete 2023 CACFP Annual Training and Assessment • Deadline to Submit Original or Annual Budget and Budget Amendments
October 15	<ul style="list-style-type: none"> • Virtual Training: Saturday Summit

How was my Customer Service?

Provide feedback on your experience with the Nutrition Team



Click on the icon at right to participate in the customer service survey. Responses are anonymous.

Join Us for a NEW DECAL Download!

Georgia Foundation for Early Care & Learning

Commissioner Jacobs recently announced a new Interim Executive Director for the Georgia Foundation for Early Care and Learning to replace outgoing director Carrie Ashbee, who recently moved with her husband and daughter to Mobile, Alabama.

Laura Wagner is no stranger to DECAL. She comes to the new role from Quality Initiatives and Partnerships where she served as Quality Rated and Partnerships Director. Laura joins us on this week's episode of DECAL Download to discuss her new role.

Listen to the episode [here](#).



Cindy Kicklighter
Carl Glover

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